



Pandemic Preparedness: Surfing the Next Wave

June 18, 2020

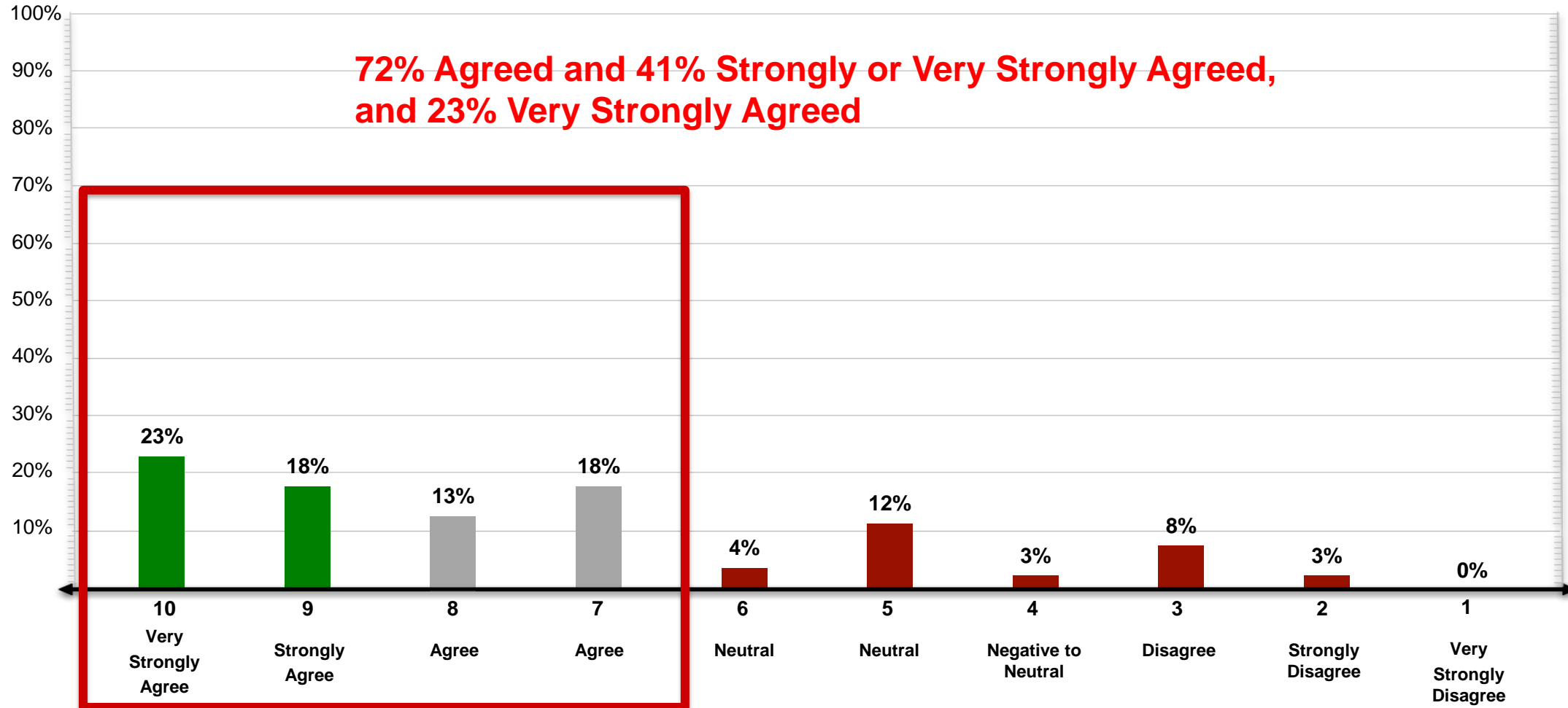
CareUniversity Webinar #140

For resource downloads go to:

www.MedTacGlobal.org

Anonymous Survey Questions

My family is ready to take care of a loved one with Coronavirus in our home



Source: TMIT high performer webinar series; pandemic preparedness: surfing the next wave – June 18, 2020

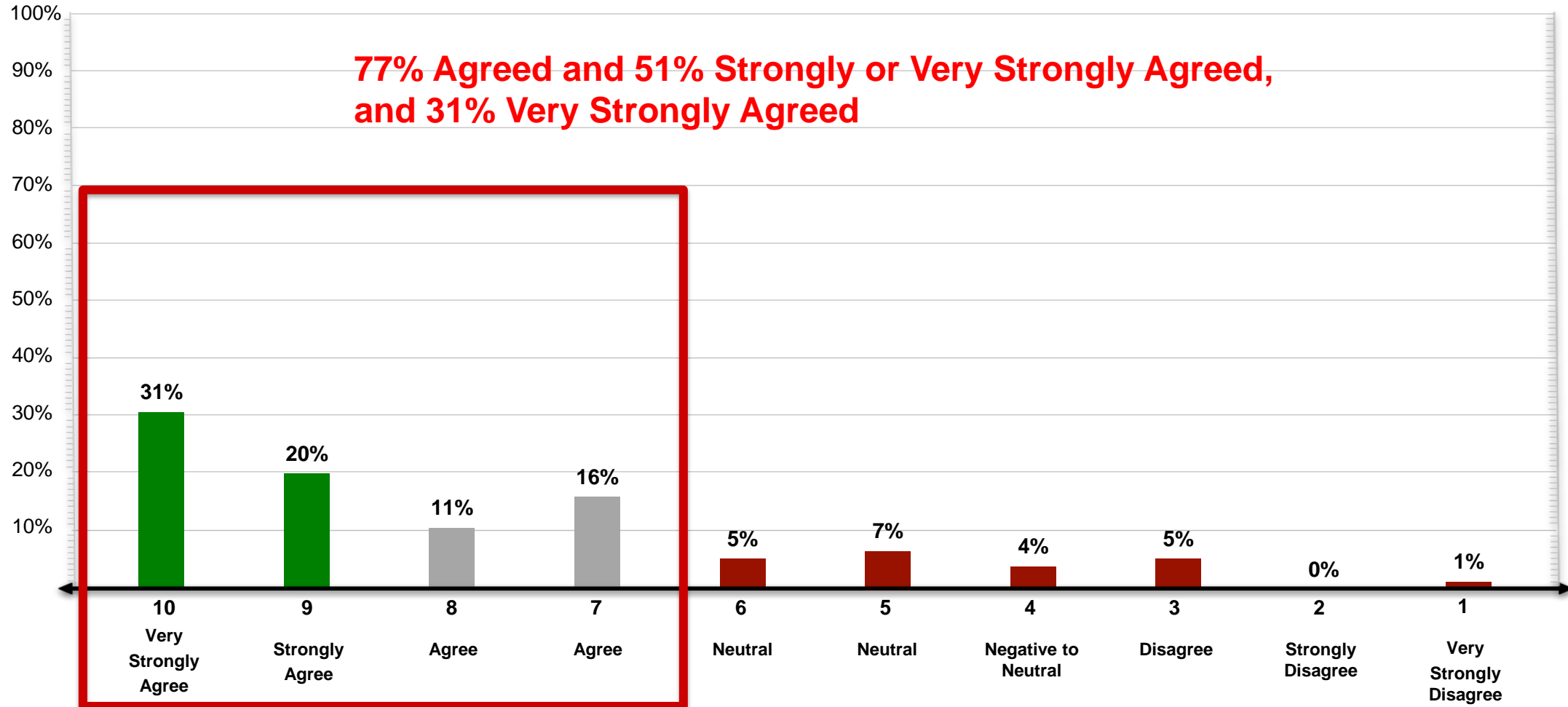
What READINESS information Would you like to have?

- Care of elderly compromised family member
- Check list of how to prepare my home
- Checklists for readiness
- Comfort measures and associated supplies
- Don't know
- Drill process
- Family directed education on COVID care and self preservation
- Guidance for at-risk caregivers
- Guidelines on when to discontinue home quarantine
- How do i get family and friends to not panic yet remember that your life and mine is at risk at all time?
- How to actually isolate a loved one in my home that has very little space
- How to avoid transmission of COVID-19 at home
- How to clean carpets, soft materials, etc.,
- How to clean with limited products.
- How to get an in-home pulse ox, etc.
- How to manage shared bathroom
- How to obtain appropriate supplies - i.e. PPE
- How to obtain PPE for at home use.
- How to protect my kids, my wife and i both work for a major hospital in our area and our kids have to go to an outside care.
- How to separate when you have limited space
- I have what I need until it happens
- I'm good: RN with ICP education
- Information on what others in the home without COVID-19 need to do
- Isolating at home
- Isolation protocols
- Local testing sites
- More PPE availability, coordination with MD
- Need oxygen sat device and easy access to unlimited supply of PPE
- New medical management of COVID
- None necessary
- Overall needs for in home care
- Planning suggestions
- Preventing spread of infection
- Re-usable masks
- Readiness checklist
- Specific instructions to care for someone at home with covid-19
- Specific safety practices to prevent spread
- Telehealth info
- Testing
- What are recommendations for caring for a family member at home (is there a checklist- how would I get monitoring supplies that would be needed).
- What medical supplies to have at home
- When can we travel
- Who to contact to report symptoms and resources
- Young adult children across the country...Getting to them.

Source: TMIT high performer webinar series; pandemic preparedness: surfing the next wave – June 18, 2020

Anonymous Survey Questions

My family knows what actions to take if a loved one becomes infected with Coronavirus.



Source: TMIT high performer webinar series; pandemic preparedness: surfing the next wave – June 18, 2020

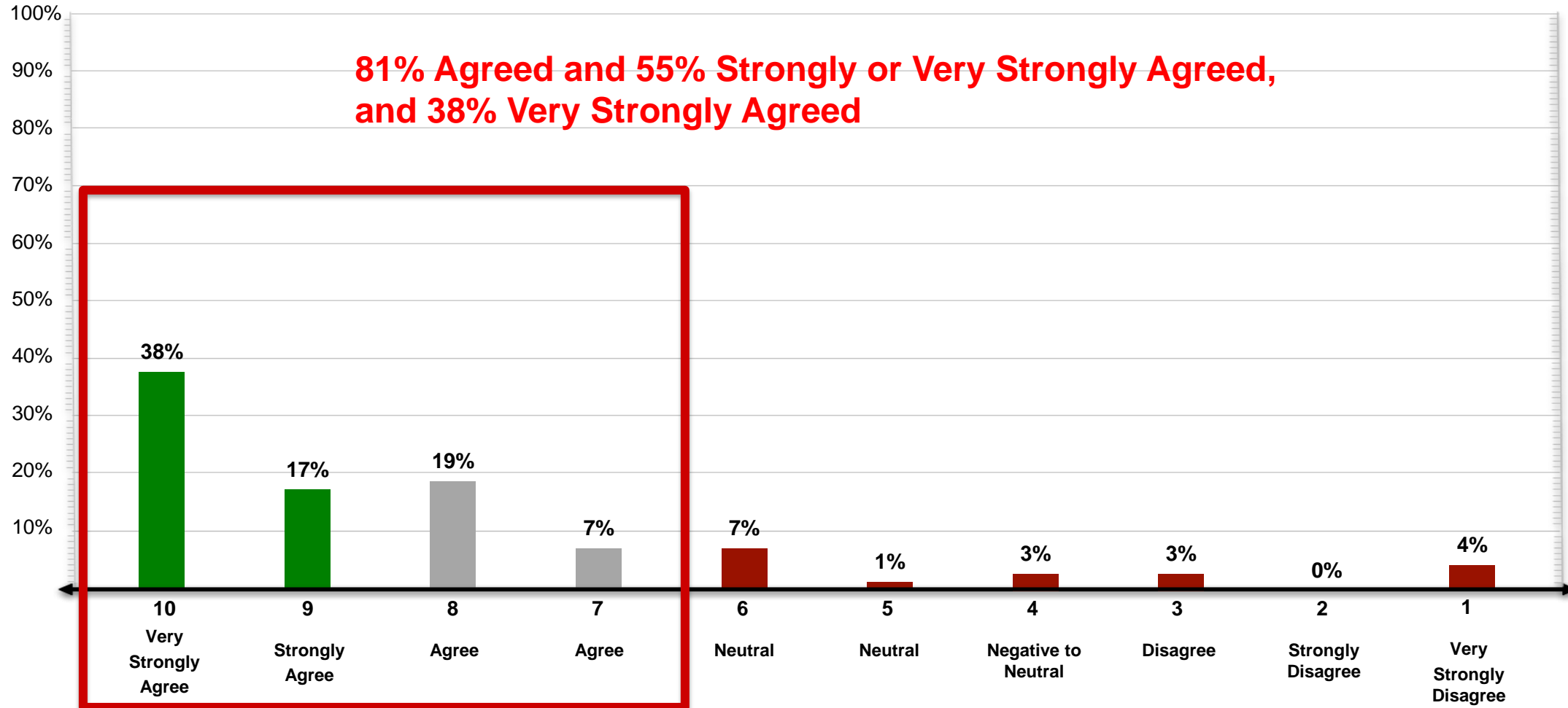
What information would help you RESPOND when a loved one becomes infected?

- A graphic to have on everyone's refrigerator! It seems to be changing. Very hard to know exactly - so follow clinicians directions
- A step by step handout I can keep handy in my home
- Access to appropriate PPE and care team
- Access to physician for decision making
- Access to telemedicine if the patient condition declines
- Being a physician I will do my best
- Can't think of any
- Contact information and list of resources
- Easy access to the most up to date what to do and how to do it - health literate, reader friendly visuals
- Equipment- how to acquire
- Exposure to other family members, what symptoms to look for
- General public needs guidelines
- How to address work related issues to be able to stay home and take care of them
- How to find care givers to support my family if I would get sick
- How to have PPE at home with family
- How to set up a care room
- How to social distance at home.
- I feel comfortable responding myself. My concern is how my family will respond if I am not there.
- I think it's appropriate that we would be able to leave work.
- I work in infection prevention so I feel confident in how to respond
- Knowing exactly what to tell them
- Managing low oxygenation
- My husband would need an update- re care
- Quick access to emergency services
- Quick website access that describes appropriate responses
- Review of symptoms - threshold to stay at home/call PCP vs seek emergency care
- Supplies- PPE , cleaning
- Testing availability
- Tools, info poster
- Very succinct checklist/instructions if a family member needs to provide care - and they do not have a healthcare background.
- What outpatient resources are available
- What supplies should we have handy.
- What types of PPE are available for me to protect myself
- What would be needed to assist with care?
- When it is time to bring a person to the doctor
- Where to go to get additional information
- Written information for family, something they can reference.
- Written materials - checklist for them to follow

Source: TMIT high performer webinar series; pandemic preparedness: surfing the next wave – June 18, 2020

Anonymous Survey Questions

My family knows what do when someone develops severe COVID-19 symptoms.



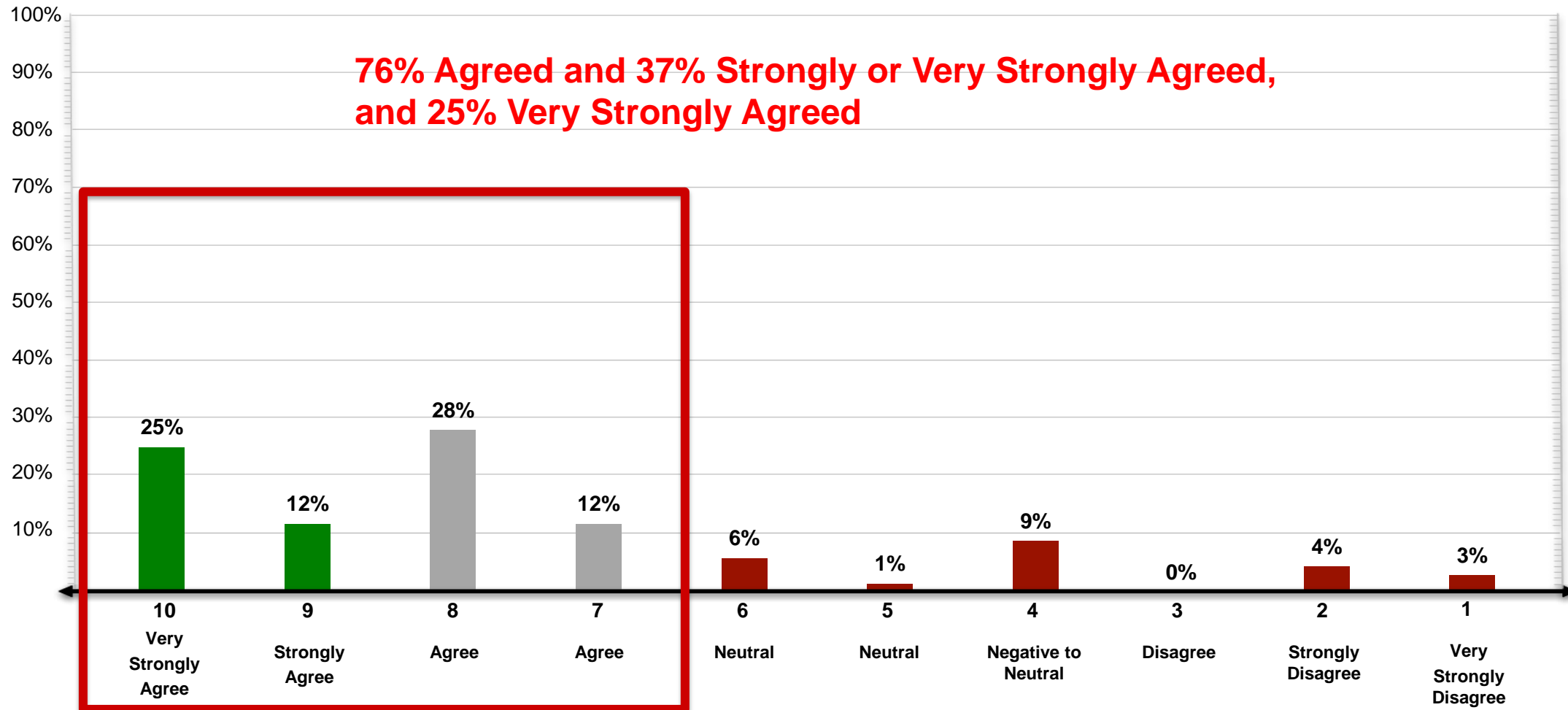
Source: TMIT high performer webinar series; pandemic preparedness: surfing the next wave – June 18, 2020

What information would help your family react if someone develops severe symptoms (Rescue)?

- A centralized number to call that would alert EMS who knows that the patient is positive and reacts accordingly.
- A checklist of actions to take in a situation when someone develops severe covid symptoms.
- A premade kit with PPE and hand hygiene products
- Access to a pulse oximeter
- Again, written information. Step-by-step actions
- Calling my physician to get current guidance. Having a central number for folks to call - like a *11 number.
- Checklist. If these symptoms become present, do the following...
- Clarity regarding call doctor first, call 911
- Contact information and list of resources
- Define pulse oximeter vs resp rate thresholds - be specific - temp? Unresponsive to antipyretics?
- Educate them on serious warning signs and when to call 911
- Education/action plan
- Guidelines
- Having a plan and avoiding exposure to EMS etc...
- I live on my own
- Immediate actions to take while calling 911 or taking to ED
- Is it ok to call 911?
- Knowing what symptoms to look for
- Literature
- Quick info chart
- Remote monitoring
- Specific instructions
- Specific recommendations for care
- Stay calm, focused
- Symptoms to seek emergency medical care, timeline of disease
- We have discussed among ourselves and have a plan
- We would call EMS
- What has to be done to escalate care keeping everyone safe
- What location or facility for care
- What severe symptoms look like, how to recognize, and what to do, who to contact.
- When to utilize medical services for assistance in care
- Where to go? Ed? Urgent care?
- Who to contact (md, ER)
- Written specific instructions and someone to call to validate the next steps

Anonymous Survey Questions

My family has a safety plan to return to work and play when the Coronavirus social restrictions are relaxed



Source: TMIT high performer webinar series; pandemic preparedness: surfing the next wave – June 18, 2020

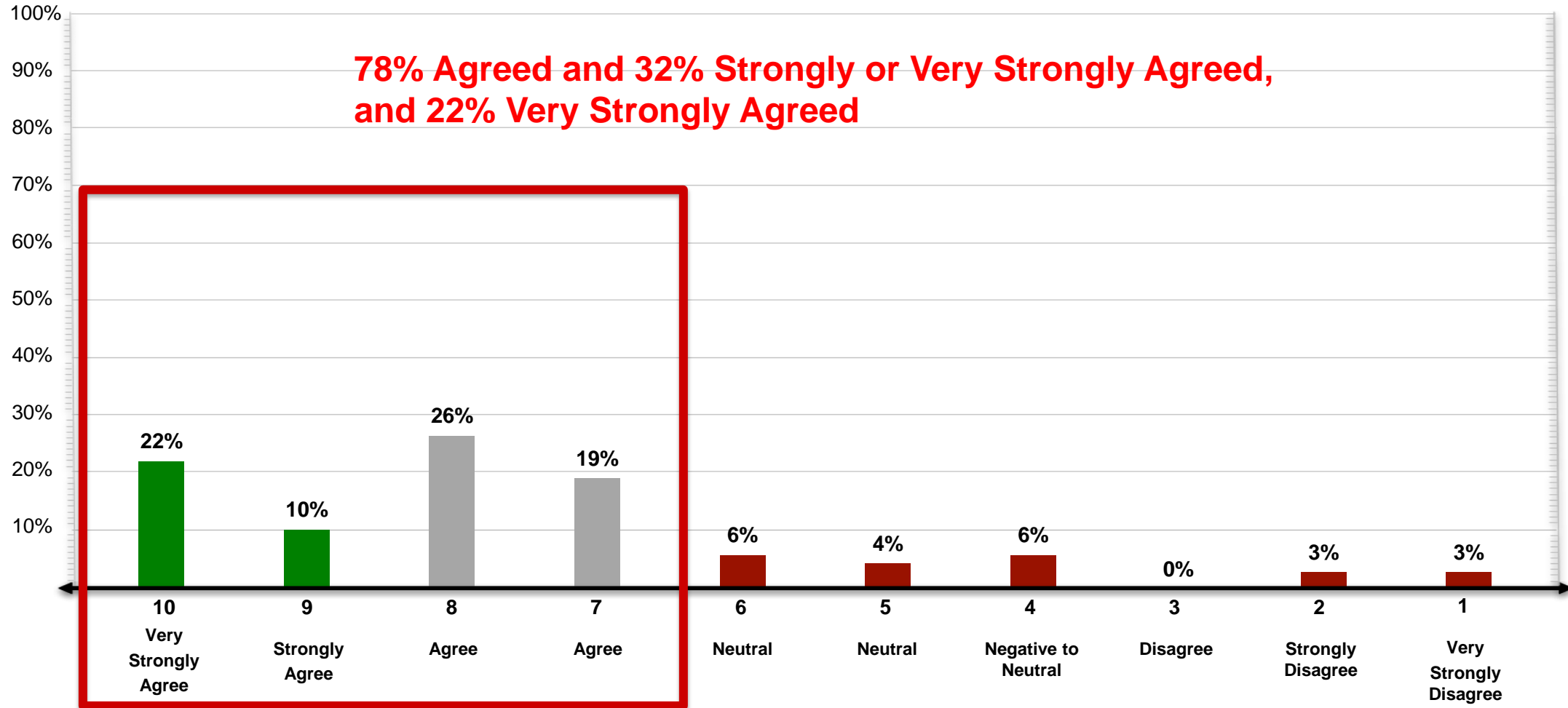
What information would help your family return to the new normal (Recovery)?

- A checklist or plan on how to return to work and leisure activities.
- Already working from home with limited social contacts
- Are their better masks for family?
- Better guidance of what is expectable.
- Concrete guidelines to reduce exposure
- Consistent reliable information regarding self protection behaviors to protect self and others
- Do masks really work?
- Do not know
- Emotional support
- Encouraging social distancing/masking/hygiene - how to gently request same from others - friends/strangers
- Facts
- Guidance for immunocompromised persons
- Household with regard to remote worker in household.
- How to address store staff/restaurant staff not wearing masks - just happened this weekend, and i couldn't even address it.
- Information. I've noticed friends and family don't have all the information - I educate them every chance I get.
- Literature on safety and exposure potential
- Non clinical simple instructions for extended family members
- Precautions to avoid bringing it home
- Proven strategies that have been helpful for others going through this.
- Quick access to employer requirements and how that compares to my state and local instructions. There is so much confusion between these bit of information and the health department, governor's office, and employers are not on the same page for permission to return to work
- Resources for delivery of food and groceries.
- Risk assessments
- Same as above
- Something to help my husband feel comfortable seeing people
- Specific instructions
- Specific written instructions
- The severe risk with family with comorbidities
- Understanding the way COVID spreads and how different environments affects that spread.
- We are back to usual activities, i.e. Shopping, working, seeing family
- We haven't gotten this far yet
- We plan to continues isolated and safety measures
- What activities are safe, safer, safest...What is not safe.
- What has to be done to do this? Do we still need to wear masks and have social distancing, etc.
- When is it safe?
- When to go to the gym, beach etc...

Source: TMIT high performer webinar series; pandemic preparedness: surfing the next wave – June 18, 2020

Anonymous Survey Questions

My family has a plan to make them less vulnerable to epidemics in the future



Source: TMIT high performer webinar series; pandemic preparedness: surfing the next wave – June 18, 2020

What information would help you become more resilient in the future?

- A checklist or plan on how to prepare for future pandemics
- Access to the most current information.
- Advanced knowledge of what to expect and what is needed to be done.
- As the infection preventionist at our hospital, i was overwhelmed with COVID duties on top of all of the regular responsibilities i have. How to "juggle"? How to ask for and get help? What could I delegate?
- Checklist with actions to take to protect family members
- Consistent public information related to COVID 19 provided to the public and governmental leadership
- Dealing with loneliness and isolation and lack of learning how to deal with loneliness and isolation and lack of social contact for those of us over 75 years of age
- Evidence based recommendations
- Free mental health apps and tv shows on how to manage stress etc.
- Have more information specific to the type of epidemic; so much constantly changing leads to significant stress
- Help with keeping employees and all levels of managers supported and resilient
- How to stay abreast of evidence based strategies
- I know all the stress reduction techniques, etc. It's a matter of getting everyone to practice them.
- I liked the phrase vigilance, not vertigo - how to stay sane and practical... Given specific actions and information eases fears
- Improved and more effective communication from government
- Info for high risk, >60 years old
- Information on the progress of vaccines
- Just continued awareness of frontline issues and successful mitigation interventions.
- Knowing health systems are better prepared
- Knowing how long to keep supplies at home before they loose integrity
- Reliable scientific studies and accurate testing
- Routes of transmission
- Specific instructions & tips
- Specific training
- Status of the development of vaccine, availability
- Staying prepared without panic
- Testing information - and percent of error,
- They have a general idea. More information is needed.
- We need to create a plan
- What is the PPE used for code and RRT now that medical centers have opened up to elective surgeries. Are the team members wearing n95s?
- Ways to be less vulnerable