



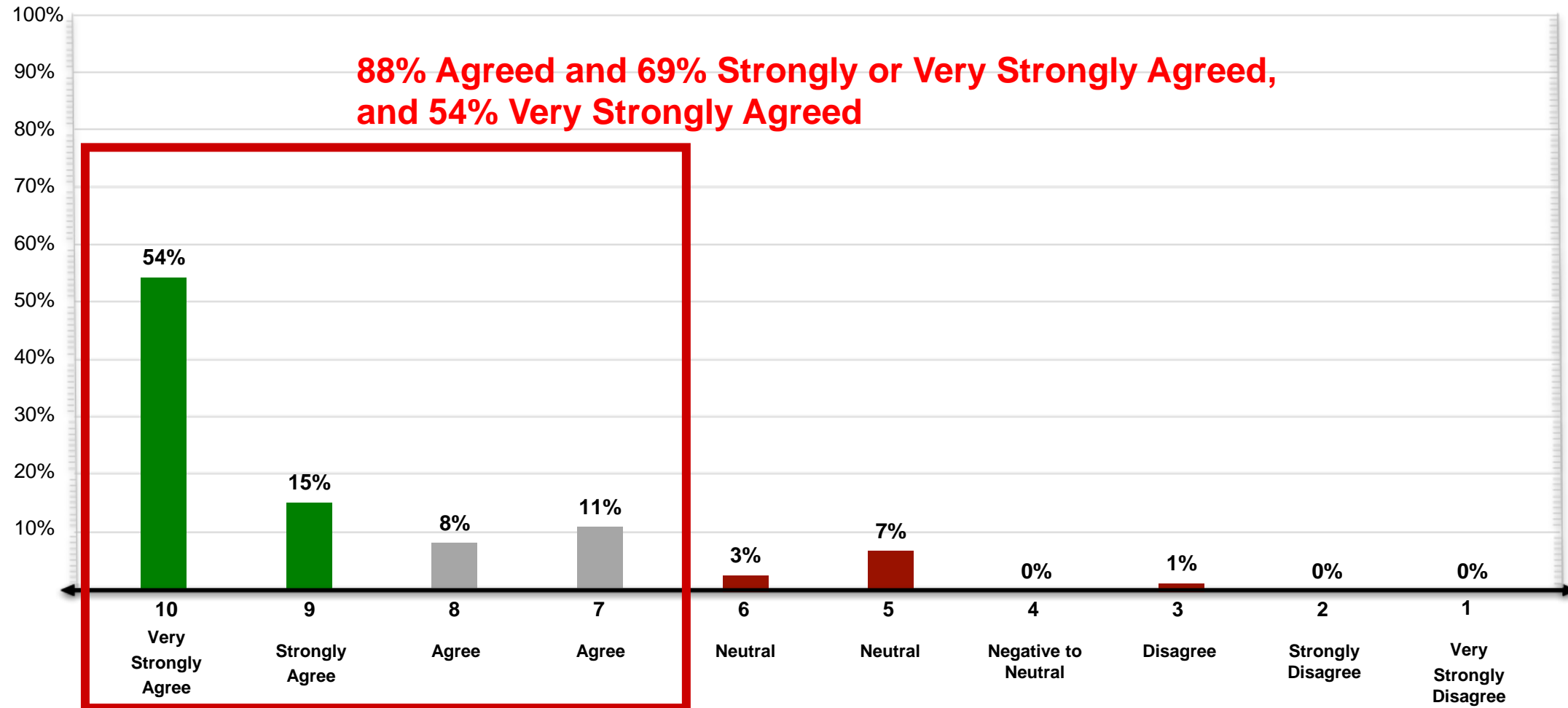
# ***Burnout and Crises: Joy in the Face of Chaos***

April 16, 2020  
Webinar Month 138

For resource downloads go to:  
**[www.safetyleaders.org](http://www.safetyleaders.org)**

# Anonymous Survey Questions

## I would like another webinar on Burn Out – Detailed Program



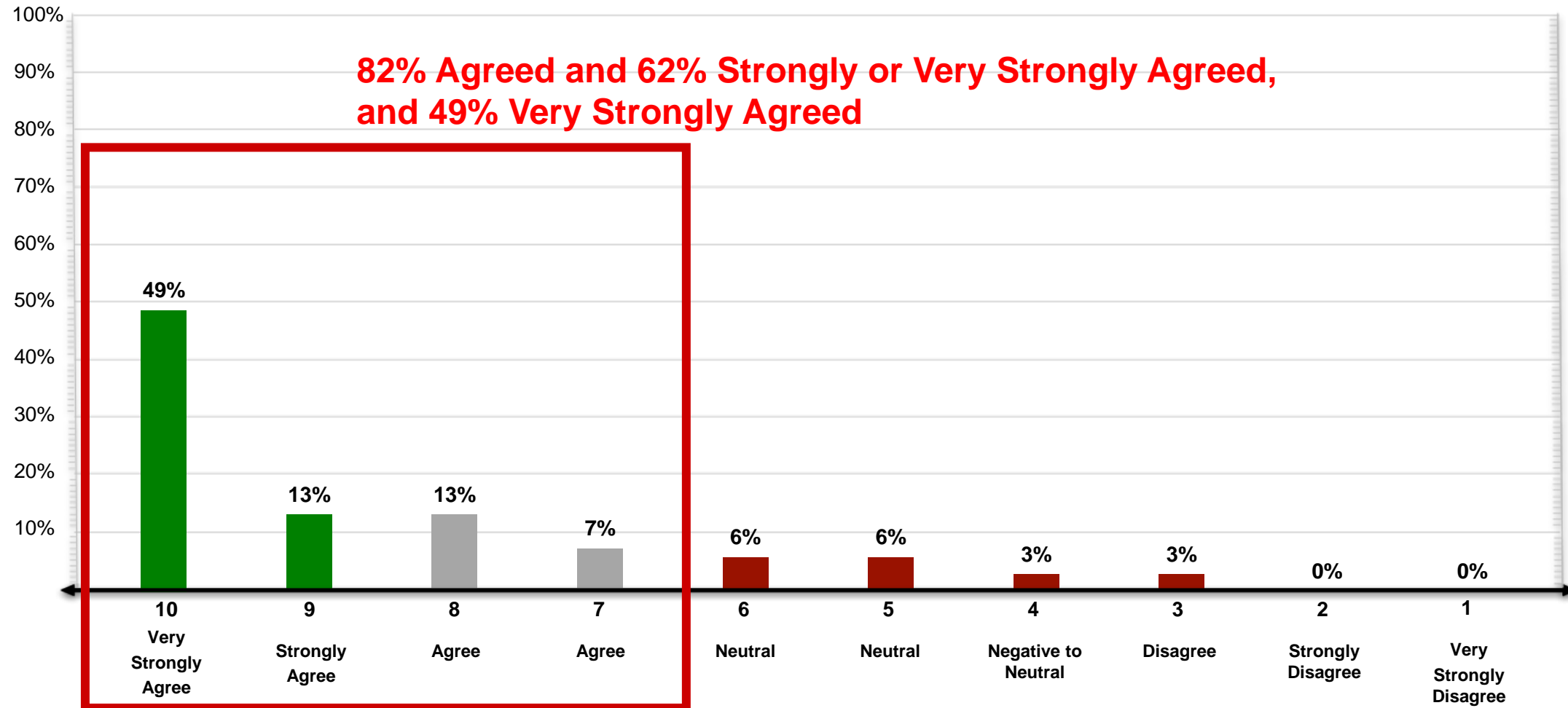
Source: TMIT High Performer Webinar Series; Burnout and Crises: Joy in the Face of Chaos – April 16, 2019

# The topics I wish to have covered in another webinar on Burn Out – Detailed Program

- Address cultural differences
- Building trust between leaders and frontline staff, leading teams and preventing burnout
- Burnout in the emergency department
- Compassion fatigue
- Concerns/strategies for leaders during this crisis. Same for employees working from home.
- Connection in a time of social distancing, trauma-informed care
- Continuing more information regarding the COVID-19, as this pandemic continues
- Controlling burn out and resources
- Dealing with those that argue with EB practices
- Early identification of burn out on the part of the team member going through it and also other team members identifying it in coworkers
- Fabulous presentation
- Great information
- How leaders can promote effective strategies for frontline staff to lessen burnout
- How to develop a program for an entire hospital or health system to develop esprit de corps
- How to implement and educate managers and staff.
- How to work with organizations to help them incorporate care of staff
- I would like dr. Swensen to go over some topics in his book. I have read half of it.
- Identification and easy self help techniques
- Intro to meditation
- Mindfulness
- Mindset and reframing negative thoughts
- More detail on tools
- More of the details in dr. Swensen's book as well as more on dr. Kowalski's
- Physical fixes to burn out
- Practice in dealing with
- Prayer and meditation
- Recovery from burnout. How do you comeback even stronger
- Second victim
- Second victims
- Self care
- Steps to keep employees engaged
- Stress reduction strategies
- Surviving through burnout, identifying burn out and how to overcome burnout
- Surviving through burnout, identifying burn out and how to overcome burnout
- Symptoms of burnout
- Techniques to help with burnout
- Techniques to help with burnout
- Tips for real time or just in time methods for dealing with minute to minute distress
- Trust and teamwork
- Trust; RESPECT; forgiveness
- Want more information on trust and cohesiveness.
- Web based resources that frontline staff might be able to access to do a "quick" decompression over lunch, or a time they find.
- Working from home and homeschooling.
- Working from home; feeling guilty about not being on front line.

# Anonymous Survey Questions

I would like a WEBINAR on  
CORONAVIRUS CARE and SAFETY as Part of this Series



Source: TMIT High Performer Webinar Series; Burnout and Crises: Joy in the Face of Chaos – April 16, 2019

# The topics I wish to have covered in WEBINAR on CORONAVIRUS CARE and SAFETY in this series

- Addressing and helping staff stress, what leadership can do to help with staff concerns and offer to mitigate physician distress during this uncertain time, thank you! Thanks for this wonderful webinar! Concerns/strategies for best care for individuals in retirement facilities during coronavirus.
- Coping and encouragement to patients
- Emergency preparedness
- Family safety Healthcare in the future after the pandemic
- How do we go back to normal activities in the scheme of active cases and potential of still getting infected
- How we will recover and return to a new normal
- How will those are greatest risk for death deal with avoiding once the nation re-opens
- IV megadose vitamin C (protocols per dr. Thomas levy)
- Just continuing updates on the newest information.
- Measures of success and sustainability
- Medication safety
- More on how to keep our families safe as we work in COVID care.
- Nothing , great info
- Patient/resident/family safety for the COVID
- Peoples safety
- Prevention of future outbreaks, keep stress under control in fear of new outbreak.
- Safety outside the hospital
- Techniques for assisting non medical people to understand the necessity for all the measure to stop the spread
- Testing for antibodies & development of vaccine
- The recovery phase of a pandemic for healthcare workers
- Trauma-informed care